



Intown centre

Shoestring Cafe

Newsletter – November/December 2024 – Issue 93

Manager's Chat – Leanne Gibbs

November

Wow – the end of the year is closing in. We advertised in the Bunbury Herald our Christmas & Back to School Appeals, with a very good response. Smart2Ask – Share (14th)/Expo (21st) were again a resounding success in highlighting/promoting service to the community – well done to this committee. Final 'Shortback & Sidewalks' hair day was on the 25th. The last of the network meetings was held finishing off with a lovely Meet & Greet Breakfast held at the Backbeach Café on the 27th. We welcomed 2 new volunteers to our team.



In Town Centre



December

Tick-Tock, time apparently stops still for no one! It's definitely the month to celebrate all the years happenings with all the people involved. We have been very privileged/honored to work with amazing agencies, groups, individuals to help the people in the community.

Finally, we ended the month/year off with the Intown Centre Christmas Lunch, we had 60 people who enjoyed yummy food, gift giveaways and fun, I would like to give special thanks to the helpers doing preparation and on the day; Cheryl, Gino, Denise, Rhonda, Sandy, Sandra, Sharon, Jasmine, Leah, Olivia, Mick, AJ, Yvette, Leanne and extra special thanks to Peter.

We closed the doors for the last time this year on the 24th allowing our awesome volunteers/staff a much-needed break over the festive season.

Looking forward to 2025 and helping the community the best we can.

INTOWN CENTRE MISSION STATEMENT

In Town Centre Incorporated is a day centre facility that provides meals and promotes caring relationships and positive participation for all members of the community.

Intown Centre

52 Wittenoom Street
Bunbury WA 6230
PO Box 1666
Phone: 9791 4214
E-mail:
intowncentre@bigpond.com

Suggestions, feedback, request, concerns:

If you have any of the above, please feel free to come and see me to have a chat, remember this is our centre- staff, volunteers, clients and visitors.



From the front desk ~ (Client Support Officers)
 Sandy (Monday's & Friday's) & Yvette (Tuesday's ~ Thursday's)



Both are willing to help with any request or information you



Food Bank Letters

(only issued between):
 10.30- 11.30am

Please remember to read all notices placed up in the centre.

General Information:
 9.30 - 10.30am &
 12.30 - 1.00pm.

Unattended Desk:
 11.35 - 11.55am
 Lunch Service:
 11.55- 12.30pm

Just a note to see...
 How are you?

Eye Special Visits

Moses (Optometrist) from "Johnsvision" visits the centre to do eye checks etc, once a month, call the centre if you would like to find out the date and make an appointment (these are free). The last two months 12 people received assistance.

HOW to HAVE the BEST YEAR

@POSITIVELYPRESENT

- CUT TIES WITH NEGATIVE PEOPLE
- SPEND SO MUCH TIME DOING WHAT YOU LOVE
- BELIEVE THE BEST YEAR IS POSSIBLE
- KEEP LEARNING NEW THINGS
- SEEK MAGIC IN EACH SEASON
- PRIORITIZE REST AND SELF-CARE
- FOCUS ON YOUR FRIENDSHIPS
- PRACTICE GRATITUDE RELENTLESSLY
- MAKE TIME FOR HOBBIES YOU ENJOY
- LET YOURSELF FEEL YOUR FEELINGS
- LISTEN TO MUSIC THAT YOU LOVE
- FIND JOY IN THE JOURNEY
- MOVE YOUR BODY (DANCE IF YOU CAN!)

General Statistics

November	December
Services provided – 1158 (morning tea & meals)	Services provided- 812 (morning tea & meals)
Hampers – 52 (ytd 465)	Hampers – 19 (ytd 484)
Foodbank Letters – 48	Foodbank Letters – 37
Assistance – 283	Assistance – 203
New Clients:	New Clients:
Meals – 8 (ytd- 72)	Meals – 3 (ytd- 75)
ER – 15 (ytd 174)	ER – 8 (ytd 182)
Trading Days – 21	Trading Days – 15



How to make a donation to the Centre

Bank: Bendigo

BSB: 633-000

A/C: 207209560

All donations are tax deductible, please email/contact when you have made a donation requesting a receipt.

Thank you for your support.

Donations & Thank You's

Our special Regulars;

- ★ Bunbury Kia
- ★ Jerry, Katrina & Team
- ★ Woolworths - Forum
- ★ Vivienne Marshall
- ★ Coles - Australind
- ★ St John of Gods
- ★ Bunbury Farmer's Market
- ★ Wigs
- ★ HHG Legal Group
- ★ The Lighthouse Mantra
- ★ Bethanie CF
- ★ Marion Eaton
- ★ K Wallis
- ★ Nando's
- ★ The Lord Forrest
- ★ Fredricks Café
- ★ Kajal Variya
- ★ Simon Goddard
- ★ Lions Club of Dardanup

Newsletter Special Donors;

- ✓ Bill & Catherine Scott
- ✓ Bunbury Parish
- ✓ Donors
 - Roasted Chickens
 - Christmas Boxes
 -
- ✓ Lee Tomerini
- ✓ Samantha Dreja
- ✓ JW Cross Maintenance
- ✓ Iluka Midwest
- ✓ Ladies Golf
- ✓ Red Hats
- ✓ Phil Smith
- ✓ Coffin Dodgers
- ✓ JSW
- ✓ Steven Nestor
- ✓ Jennifer & Yvette Iseppi
- ✓ Anonymous donors



If I have forgotten anyone, please contact me so that you can acknowledge in the next newsletter.

If you would like to know more about the Centre and what it does, or how you can help or perhaps would like to visit, please contact us at the details provided.

Everyone is welcome, this is a community centre helping OUR community with community support.



Facebook & Webpage

We have been overwhelmed with all the wonderful donations given over the last two months, it definitely shows the community spirit of giving. A big THANK YOU..!!!!

We take donations of.....



"Pop up Agency"

Other agency that visits the centre to showcase how they can help/assist people. If you are interested, please contact the manager.

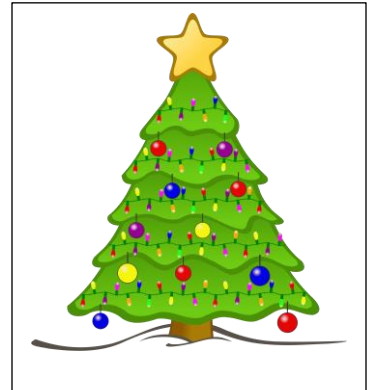


CHOOSE RESPECT
RESPECT IS TO TREAT WITH CARE AND CONSIDERATION

What's Been Going On !!!

Staff Christmas Lunch

Was held on Sunday 8th biggest turn out for many years- 25 lovely people attended, shared laughter, banter & food/drinks, sadly a few couldn't make it. Huge round of applause to our amazing Peter.



At the Intown centre we are proud of the peace and harmony that we offer our clients and visitors. It is one of our foundations that we treat everyone the same offering a warm friendly environment to visit and helpful and friendly staff who do their utmost to help those in need.

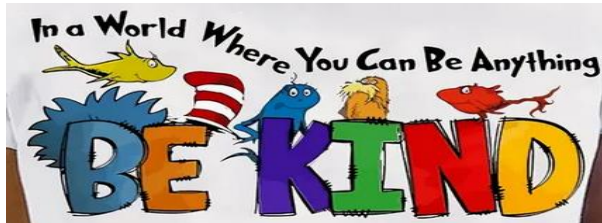
We stand, as an example of what community spirit is all about we do the best we can for those who need our help, in return we ask that people observe good manners and contribute to the harmony of the centre.

**SHORT BACK™
& SIDEWALKS**

Our Next Hair Days are:
20th January
24th February



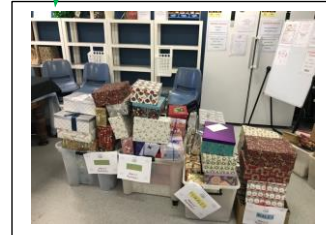
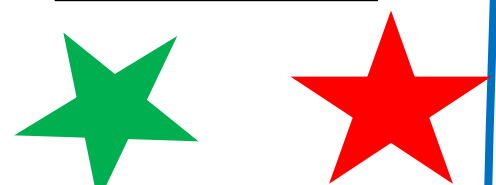
Amazing service and the clients are very thankful.
Number of clients trimmed up;
November: 10



We ♥ our Volunteers

Xmas Centre Luncheon

Was held on Monday 23rd, lots of people enjoyed a wonderful day.



Back to School 2025 Appeal

School Backpacks – Help underprivileged children get back to school with the essential stationary items



PP – Year 3	Year 4-6	Year 7 -10
Backpack	Backpack	Backpack
4 Scrapbooks	2 ring files (x2)	1 Leaver Arch file
Crayons	2 Display Folders	2 Display Folders
Coloured Pencils	1pk Plastic sleeve (20)	1 Pk Plastic sleeve
2 Display Folders	2 Document Wallets	2 Document Wallets
Pencil Case	2 A4 Notepads	2 A4 Notepads
2 Glue Sticks	Stationary Pack *	Stationary Pack *
Drink Bottle		

Please deliver between the 6th – 24th January 2025 - ONLY (due to storage)

Stationary Pack – ruler, 2 glue sticks, coloured pencils, textas, 2 highlighters, 2 erasers, sharpener, 1 pk mixed blue/red pens.

Please tag backpacks, girl or boy or unisex & what year!

In Town Centre



We thank you for your support and generosity.

DROP OFF
Intown Centre – 9791 4214
52 Wittenoom Street, Bunbury
Monday – Friday
9.30 – 11.30am (Only)

