



# Intown Centre Newsletter

SEPTEMBER/OCTOBER 2018

ISSUE 56



## INTOWN CENTRE MISSION STATEMENT

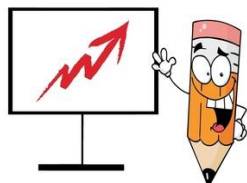
In Town Centre Incorporated is a day centre facility that provides meals and promotes caring relationships and positive participation for all members of the community.

### Manager's Chat – Leanne Gibbs

**SEPTEMBER** *Hello Spring – we are getting closer to the festive season. Which reminds us, for most, that this time of the year can be very joyful, however for some it can be a difficult time financially, mentally and emotionally. With this in mind we have started to plan for ways to make this time of the year easier and happier for those in need. Westpac Employee Jennifer Boon nominated the Centre for the Westpac Community Grant and I am happy to announce we have been successful. I would also like to thank F45 Training (Bunbury, Treendale & Dalyellup) for their 8 week fundraiser donation to the centre. We ended the month with a long weekend for the Queen's Birthday.*

**OCTOBER** *Tick-Tock Time is ticking –I started the month off with a lovely Manager's Breakfast at the Lighthouse Resort, these meeting are always a great way to network with other agencies. The week of 8<sup>th</sup> – 14<sup>th</sup> was Mental Health Week, we had fun events on each day for everyone to attend, which was very successful. The Board of Management held the AGM on the 10<sup>th</sup> and we welcomed a new board member and sadly said goodbye to others. We launched the Christmas and Back to school appeals on the 17<sup>th</sup>. We welcomed two new students to the centre to complete their Community Service course placements, Sharon is doing Certificate 3 and working in the kitchen with Jo doing Certificate 4 working along side Chondelle. Planning is well under way for the Centre's Christmas Lunch (21.12.18), Staff Christmas Party and the start of the new year. If you can support the Centre with either funds or anyt items they would be very much appreciated.*

### General Statistics



#### SEPTEMBER

Services provided –1555  
(morning tea & meals)  
Hampers – 44 (ytd 503)  
Foodbank Letters – 211  
Assistance – 455  
New Clients:  
Meals – 9 (ytd- 130)  
ER – 51 (ytd 659)  
Trading Days – 19

#### OCTOBER

Services provided-1729  
(morning tea & meals)  
Hampers – 51  
Foodbank Letters – 349  
Assistance – 526  
New Clients:  
Meals – 9 (ytd- 139)  
ER – 84 (ytd 743)  
Trading Days – 23



## From the front desk – Chondelle Heron

Unattended Desk: 11.35  
– 11.55am

Lunch Service: 11.55-  
12.30pm

General Information:  
9.30 – 10.30am & 12.30  
– 1.00pm.

Chondelle is willing to  
help with any request or  
information you require.

## Food Bank Letters (only issued between): 10.30- 11.30am

Please remember to read  
all notices placed up in the  
centre, also check out the  
Client Folder on the tables  
for the latest information.



### Intown Centre

52 Wittenoom Street  
Bunbury WA 6230  
PO Box 1666

Phone: 9791 4214

### E-mail:

intowncentre@bigpond.  
com



Just a note  
to see...  
How are you?

Talk to someone if you're not, we are  
here to give you support.

## Board of Management

The Centre AGM was held on 10<sup>th</sup> October, we would  
like to welcome new member Melissa Clarke to the  
team. This year has been very busy for all at the centre  
– volunteers, board members and supporters. I am  
proud to say all went above and beyond to make sure  
the centre is again the heart and soul of the community.

Board Members

Vice – Chairperson: Mark Walters

Treasurer: Neville Eastman

Members: Mick Bollam Paul Hempstead

June Foulds Bill Turner

Nicola Hutchinson Melissa Clark

Looking forward to what we can achieve in 2019.

David Bailey

Chairman of the

Board.

## Special Donation's

### Moonlighters Book Club

We are a group of eight women who  
meet on the second Monday of every  
second month to review a

book. When we meet we enjoy a  
meal so right from the beginning we  
decided that it would be nice to give  
back to the community by all  
donating \$10 each time we meet and  
that would be donated to the In  
Town Centre to support feeding  
those less fortunate than us. We

enjoy offering this gesture and would  
like to take this opportunity to  
encourage other book clubs to do the  
same. A little from each person adds  
up to be significant amount over the  
year and helps support a very worthy  
centre.





## Donations and Thank You's

### Our special Regulars;

- ★ *Bunbury Kia*
- ★ *Jerry & Katrina*
- ★ *Muffin Break - Centrepoint*
- ★ *Bunbury Toyota*
- ★ *Woolworths - Forum*
- ★ *Trish Dehring*
- ★ *Coles - Australind*
- ★ *Bakers Delight - Centrepoint*
- ★ *St John of Gods*
- ★ *Bethanie Christian Fellowship*
- ★ *Bunbury Farmer's Market*
- ★ *Wigs*
- ★ *Kroon Legal*
- ★ *Many Individuals for various donations*

### Newsletter Special Donors;

- ✓ *Curtis Dekock*
- ✓ *Westpac*
- ✓ *F45 Training*
- ✓ *Greg Watts*
- ✓ *Norm Eaton*
- ✓ *Australia Post*
- ✓ *Hockey Woman Masters event*
- ✓

If I have forgotten anyone, please contact me so that you can be acknowledged in the next newsletter.

A special thank you to all the volunteers who are the backbone of the Intown Centre, we all work well as a team to run a really successful centre.



If you would like to know more about the Centre and what it does, or how you can help perhaps would like to visit, please contact us at the details provided. Everyone is welcome, this is a community centre helping OUR community with community support.



What's been going on !!

We're thrilled to announce that we have been named as one of the 200 Westpac Foundation Community Grant recipients for 2018.



We thank Westpac Employee Jennifer Boon for the nomination for this grant.

### *"Thinking & Supporting Others"*

Christmas shopping almost done? Ready to enjoy the holidays? Maybe your budget and schedule will allow you to make a couple of last minute contributions that will help others. While Christmas is a wonderful time of year for many, can be a lonely and sad time for others. It doesn't have to cost a lot in either money or items to help make Christmas more enjoyable for those in need of a little assistance. Here are a few ways that you can help; food items for the christmas appeal, cash donation, volunteer time to a worthy charity or event.

- Support a worthy cause
- Write a letter to your past (family member or old friend)
- Give a gift that's really needed
- Plant a real tree
- Create a new family holiday
- Create a Christmas book
- Watch a meaningful movie
- Drive around and look at lights.
- Start a new tradition

### BENEFITS OF PUTTING YOUR PHONE AWAY



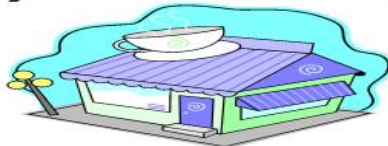
## 2018 "ADOPT A MEAL" PROGRAM

We spend approximately \$4,000 per month on food, half being used to purchase the main ingredients, the purpose of this program is to gain the support of businesses to adopt a meal a day per month for a year (working week). If you are interested in supporting the program, please contact the centre. This sponsorship is tax deductible.

Thanks to Base Plumbing, Bunbury Toyota, Cristal and Bunbury City Glass for supporting the program again this year.



InTown Centre



The Centre will be CLOSED for the  
CHRISTMAS/ New Year BREAK

22nd December 2018-

1<sup>st</sup> January 2019

(opening again on the 2<sup>nd</sup> January 2019)



# Bunbury 2018 Christmas Appeal

Every year some people are watching everyone pass by with presents for their friends and families. Let's share the kindness with those in need, let's make their Christmas special too... let us all in the community come together and support the Xmas shoebox appeal.

## Ideas for your Shoebox:

Maybe even write a Christmas card and pop it in your box. Please state if it's for a man or woman.



Hats  
Socks  
Toothpaste  
Toothbrush  
Baby wipes  
Hairbrush  
Shower gel

Sanitary items  
Sweets or snacks  
Insect repellent  
Deodorant  
Sunscreen

Extras if you can:  
Christmas items

Please label box - male, female or unisex

Boxes due by 18<sup>th</sup> December

# Back to school 2019 Appeal

## School Backpacks

Help underprivileged children get back to school with essential learning tools!



### Pp - Year 3

Back Pack  
Scrapbooks (x4)  
Crayons  
Coloured Pencils  
Display Folders (x2)  
Pencil Case  
Glue Sticks (x2)  
Drink Bottle

### Year 4 - 6

Back Pack  
2 Ring Files (x2)  
Display Folders (x2)  
Plastic Sleeves (x20)  
Document Wallets (x2)  
A4 Notepads (x2)  
Stationery Pack\*

### Year 7 - 10

Back Pack  
3 Ring File  
Display Folders (x2)  
Plastic Sleeves (x20)  
Document Wallets (x2)  
A3 Notepad  
Stationery Pack\*

### \*Stationery Packs: Years 4 - 10

Ruler, 2 x Glue Sticks, Coloured Pencils, Textas, 2 x Highlighters, 2 x Erasers, Sharpener, 1 x Pkt Mixed Pens (Blue & Red)

Please label bags - Male or Female and which school year (eg: year 4) - due by January 23<sup>rd</sup>.

## In Town Centre



We thank you for your support and generosity.

### DROP OFF

Intown Centre - 9791 4214  
52 Wittenoom Street, Bunbury  
Monday - Friday  
9.30 - 11.30am (Only)