



# Intown Centre Newsletter

SEPTEMBER/OCTOBER 2019

ISSUE 62



**INTOWN  
CENTRE  
MISSION  
STATEMENT**

*In Town Centre Incorporated is a day centre facility that provides meals and promotes caring relationships and positive participation for all members of the community.*

## Manager's Chat – Leanne Gibbs

### September:

The 9th month of the year is an outstanding one –In the Georgian calendar, the calendar that most of the world uses, September is the ninth month of the year. However, it used to be the seventh month on the Roman calendar. Here at the Centre we have begun preparation for Christmas which includes 'Shoebbox Appeal' and the 'Back to School Appeal, please check out the flyer on the last page. On the 10<sup>th</sup> I attended the Volunteer Managers Sundowner held at Mojo's, we had 14 people attend enjoying good conversations. Our 'Pop up Agency' was 'GROW' on the 19<sup>th</sup>, these visits from agencies allow the clients to see what's available and ask any questions. We finished off the month with a Bunbury (Surrounds) Service Network meeting on the 25<sup>th</sup> at Vat 2, a lovely meeting with lots of connections made – 25 people attended.

### October:

I started the month off attending Foodbank's 15 year anniversary in Bunbury event on the 5<sup>th</sup>, many people attended and enjoyed chatting and eating lovely food- Congratulations Foodbank. Mental Health week was from 7<sup>th</sup> – 11<sup>th</sup>, with many activities going on around town by various agencies, organisations and groups. On the 9<sup>th</sup> we had a 'Pop up Agency' – Harm Reduction WA. Our client support officer had some personal leave from 7<sup>th</sup> – 15<sup>th</sup>, with Sandy doing a great job filling in. From the 16<sup>th</sup> – 22<sup>nd</sup>, Sandy and I enjoyed a trip east to Sydney to attend the Edinburgh Military Tattoo Show- wow, also doing some other attractions. I will say that I have a new found appreciation for the Perth Airport and Traffic. On the 25<sup>th</sup> we received a lovely donation from Dardanup Lions who help a raffle of a 10kg block of chocolate. Huge thank you for your support. Lastly we ended the month with the Launch of the Xmas Shoebbox 2019 Appeal and Back to School 2020 Appeal.

### General Statistics



### September

Services provided –1487  
(morning tea & meals)  
Hampers – 45 (ytd 445)  
Foodbank Letters – 254  
Assistance – 399  
New Clients:  
Meals – 9 (ytd- 94)  
ER – 65 (ytd 741)  
Trading Days – 21

### October

Services provided-1587  
(morning tea & meals)  
Hampers – 57  
Foodbank Letters – 250  
Assistance – 412  
New Clients:  
Meals – 13 (ytd- 107)  
ER – 49 (ytd 790)  
Trading Days – 23



From the front desk – Chondelle Heron (Client Support Officer)

Unattended Desk: 11.35 – 11.55am  
Lunch Service: 11.55-12.30pm

General Information:  
9.30 – 10.30am & 12.30 – 1.00pm.

Chondelle is willing to help with any request or information you require.

### Food Bank Letters (only issued between): 10.30-11.30am

Please remember to read all notices placed up in the centre, also check out the Client Folder on the tables for the latest information.



#### Intown Centre

52 Wittenoom Street  
Bunbury WA 6230  
PO Box 1666  
Phone: 9791 4214  
E-mail: [intowncentre@bigpond.com](mailto:intowncentre@bigpond.com)

## Coming Soon!

Christmas Apparently.... Go figure !!  
**Centre will be closed from 25<sup>th</sup> December 2019 to 1<sup>st</sup> January 2020 (inclusive)**



R U OK ???  
Talk to someone if you're not, we are here to give you support.

### Dardanup Lions Raffle Donation



### Special Donation's



Nando's Bunbury donate chickens pieces to the Centre every Tuesday, then our wonderful kitchen cook turns it into meals. We thank them for their support.





### How to make a donation to the Centre

Bank: Bankwest  
BSB: 306 004  
A/C: 4170253

All donations are tax deductible, please email/contact when you have made a donation requesting a receipt.

Thank you for your support.

## Donations and Thank You's

### Our special Regulars;

- ★ *Bunbury Kia*
- ★ *Jerry & Katrina*
- ★ *Muffin Break - Centrepoint*
- ★ *Bunbury Toyota*
- ★ *Woolworths - Forum*
- ★ *Trish Dehring*
- ★ *Coles - Australind*
- ★ *St John of Gods*
- ★ *Bethanie Christian Fellowship*
- ★ *Bunbury Farmer's Market*
- ★ *Wigs*
- ★ *Kroon Legal*
- ★ *Carol Cox*
- ★ *Koombana Beach Hut*
- ★ *St Mary's PS*

### Newsletter Special Donors;

- ✓ *Curtis Dekock*
- ✓ *Smily's Op Shop*
- ✓ *Bunbury Football Club*
- ✓ *Many Individuals for various donations*
- ✓ *Dardanup Lions*
- ✓ *Rotary*
- ✓ *Gelorup Anglican Church*
- ✓ *Zonta*

If I have forgotten anyone, please contact me so that you can be acknowledged in the next newsletter.



If you would like to know more about the Centre and what it does, or how you can help or perhaps would like to visit, please contact us at the details provided. Everyone is welcome, this is a community centre helping OUR community with community support.

### Suggestions, feedback, request, concerns:

If you have any of the above, please feel free to come and see me to share, remember this is our centre-staff, volunteers, clients and visitors.

Leanne Gibbs - Coordinator



Government of **Western Australia**  
Department of **Communities**



**AMD**  
CHARTERED ACCOUNTANTS



What's been going on !!

### "Pop up Agency"

Other agency that visits the centre to showcase how they can help/assist people. If you are interested, please contact the manager.



### "Thinking & Supporting Others"

Christmas shopping almost done? Ready to enjoy the holidays? Maybe your budget and schedule will allow you to make a couple of last minute contributions that will help others. While Christmas is a wonderful time of year for many, can be a lonely and sad time for others. It doesn't have to cost a lot in either money or items to help make Christmas more enjoyable for those in need of a little assistance. Here are a few ways that you can help; food items for the christmas appeal, cash donation, volunteer time to a worthy charity or event.

- Support a worthy cause
- Write a letter to your past (family member or old friend)
- Give a gift that's really needed
- Plant a real tree
- Create a new family holiday
- Create a Christmas book
- Watch a meaningful movie
- Drive around and look at lights.
- Start a new tradition

### From the Intown Board...

While we do what we can to help the community the Intown Centre is always in need of support, so we can offer assistance to more people in need, we are asking you if you can to lend us a helping hand.

The centre receives limited funding. For all other funding we rely on you the public. Just like any business we have operational costs, these include power, insurance and a number of other charges, which we pay. To meet these bills and operating cost we need to have a healthy cash flow. Currently our cash donations are running low.

If you are thinking of making a cash donation to any charitable organisations please consider us here at the Intown Centre. (Donations are tax deductible)

We thank you for your support.  
David Bailey - Chairperson



# FROM THE BOARD OF MANAGEMENT

**We need new members !!!!**

If you would like to become a member of the Board of Management please contact the Centre and speak to Leanne, we are looking for a few more members. Six meetings per year and average of 60 minute meetings.

## **INTOWN CENTRE INC**

*The Intown Centre's Board of Management has pleasure in inviting all members and interested people to attend our*

### **ANNUAL GENERAL MEETING**

**Date:** Wednesday 20<sup>th</sup> November, 2019

**Time:** 4.30 pm

**Venue:** Intown Centre – 52 Wittenoom Street, Bunbury  
(we are looking for new members)

For more information, nomination or to RSVP by (18.11.19)  
phone 9791 4214 or email: [intowncentre@bigpond.com](mailto:intowncentre@bigpond.com)  
Light refreshments will be served.



# Bunbury 2019 Christmas Appeal

Every year some people are watching everyone pass by with presents for their friends and families. Let's share the kindness with those in need, let's make their Christmas special too... let us all in the community come together and support the Xmas shoebox appeal.

Please label box - male, female or unisex

## Ideas for your Shoebox:

Maybe even write a Christmas card and pop it in your box. Please state if it's for a man or woman.



- |            |                  |
|------------|------------------|
| Hats       | Sanitary items   |
| Socks      | Sweets or snacks |
| Toothpaste | Insect repellent |
| Toothbrush | Deodorant        |
| Baby wipes | Sunscreen        |
| Hairbrush  |                  |
| Shower gel |                  |

**Extras if you can:**  
Christmas Items

Boxes due by 18<sup>th</sup> December

# Back to school 2020 Appeal

## School Backpacks

Help underprivileged children get back to school with essential learning tools!



### PP - Year 3

- Backpack
- 4 Scrapbooks
- Crayons
- Coloured Pencils
- 2 Display Folders
- Pencil Case
- 2 Glue Sticks
- Drink Bottle

### Year 4-6

- Backpack
- 2 ring files (x2)
- 2 Display Folders
- 1pk Plastic sleeve (20)
- 2 Document Wallets
- 2 A4 Notepads
- Stationery Pack \*

### Year 7 - 10

- Backpack
- 1 Leaver Arch file
- 2 Display Folders
- 1 Pk Plastic sleeve
- 2 Document Wallets
- 2 A4 Notepads
- Stationery Pack \*

Stationery Pack - ruler, 2 glue sticks, coloured pencils, ~~textas~~, 2 highlighters, 2 erasers, sharpener, 1 pk mixed blue/red pens.

Please label bags - Male or Female and which school year (eg: year 4) - due by January 24th.

In Town Centre



We thank you for your support and generosity.

### DROP OFF

Intown Centre - 9791 4214  
52 Wittenoom Street, Bunbury  
Monday - Friday  
9.30 - 11.30am (Only)