

# Intown centre

ShoeString Cafe



September/October 2022– Issue 80

## Manager's Chat – Leanne Gibbs



### In Town Centre



### INTOWN CENTRE MISSION STATEMENT

In Town Centre Incorporated is a day centre facility that provides meals and promotes caring relationships and positive participation for all members of the community.



### September:

*Hello Spring – we are getting closer to the festive season. Which reminds us, for most, that this time of the year can be very joyful, however for some it can be a difficult time financially, mentally and emotionally. With this in mind we have started to plan for ways to make this time of the year easier and happier for those in need. Rotary's "Give a damn, give a can" was held through the schools this year and what an awesome effort they all did. We hope they left some items in the family pantry, ☺.*

*We ended the month with a long weekend for the Queen's Birthday (possibly referred to as the King's Birthday from next year).*

### October:

*The week of 8<sup>th</sup> – 13<sup>th</sup> was Mental Health Week, we had fun events on each day for everyone to attend, which was very successful. The Board of Management held the AGM on the 12<sup>th</sup>, looking back at the year we have had and thinking about the coming year. We launched the Christmas and Back to school appeals on the 17<sup>th</sup>. Planning is well under way for the Centre's Christmas Lunch (22.12.22), Staff Christmas Party and the start of the new year. If you can support the Centre with either funds or any items they would be very much appreciated. This will be the last newsletter until the new year, so wishing everyone a very safe, happy festive season.*

*Finally I would like to shout out a big Thank You to all the volunteers that help out in the Centre – you all do a wonderful job.*

*Looking forward to working with our old and meeting some new supporter's of the Intown Centre in 2023, so we can all work together to help those in need.*



Check out the rest of our [news](#) !!!!

## General Statistics



### SEPTEMBER

Services provided – 966  
(morning tea & meals)  
Hampers – 66 (ytd 431)  
Foodbank Letters – 157  
Assistance – 473  
New Clients:  
Meals – 0 (ytd- 18)  
ER – 42 (ytd 350)  
Trading Days – 19

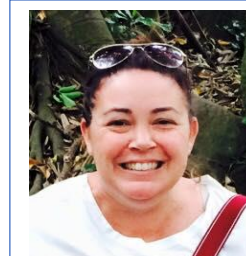
### OCTOBER

Services provided- 1211  
(morning tea & meals)  
Hampers – 65 (ytd 496)  
Foodbank Letters – 145  
Assistance – 401  
New Clients:  
Meals – 2 (ytd- 20)  
ER – 38 (ytd 388)  
Trading Days – 21

From the front desk – (Client Support Officers)  
Sandy (Monday's & Friday's) & Symone (Tuesday's – Thursday's)



Both are willing to help with any request or information you require.



General Information: 9.30 – 10.30am & 12.30 – 1.00pm.

**Food Bank Letters**  
(only issued between):  
**10.30- 11.30am**  
**Please remember to read all notices placed up in the centre.**

Unattended Desk: 11.35 – 11.55am  
Lunch Service: 11.55- 12.30pm

### Intown Centre

52 Wittenoom Street  
Bunbury WA 6230  
PO Box 1666  
**Phone:** 9791 4214  
**E-mail:**  
intowncentre@bigpond.com

### Board of Management

The Centre AGM was held on October, This year has been very busy for all at the centre – volunteers, board members and supporters. We are proud to say all went above and beyond to make sure the centre is again the heart and soul of the community. Looking forward to what we can achieve in 2023.

Chairman  
Vice – Chair  
Treasurer  
Members

David Bailey  
Mick Bollom  
Neville Eastman  
Bill Turner  
Sharon Gear  
Stephanie Jackson



### Mental Health Check-in

How are you feeling?



Calm

R U OK ???

Talk to someone if you're not, we are here to!



### How to make a donation to the Centre

Bank: Bankwest  
BSB: 306 004  
A/C: 4170253

All donations are tax deductible, please email/contact when you have made a donation requesting a receipt.

Thank you for your support.

### Suggestions, feedback, request, concerns:

If you have any of the above, please feel free to come and see me to share, remember this is our centre-staff, volunteers, clients and visitors.



## Donations and Thank You's

### Our special Regulars;

- ★ *Bunbury Kia*
- ★ *Jerry & Katrina*
- ★ *Muffin Break - Centrepont*
- ★ *Woolworths - Forum*
- ★ *Trish Dehring*
- ★ *Coles - Australind*
- ★ *St John of Gods*
- ★ *Bunbury Farmer's Market*
- ★ *Wigs*
- ★ *HHG Legal Group*
- ★ *Carol Cox*
- ★ *St Mary's PS*
- ★ *Michelle Meyer*
- ★ *Ann-Lee Steere*
- ★ *Bethanie CF*
- ★ *Marion Eaton*
- ★ *K Wallis*

### Newsletter Special Donors; Latest Ones in Orange

#### Bronze Sponsorship Donations

- ★ Izeppi's
- ★ TC Hutchinson
- ★ **Raminder Singh**

#### Silver Sponsorship Donations

- ★ Dorrest Family
- ★ SW Motorcycle Clubs
- ★ Lions Club of Capel
- ★ Terry White Chemist - Eaton

#### Gold Sponsorship Donations

- ★ Seaview Social Club
- ★ Lions Club of Capel
- ★ DJ & ND Jackson & Co
- ★ SA Collins
- ★ **Bunbury Cathedral Grammar School**

#### Platinum Sponsorship Donations

- ★ Bunbury City Glass
- ★ Tronox
- ★ Rotary Club of Bunbury Leschenault
- ★ Leschenault Progress Ass Inc
- ★ Dardanup Lions Club
- ★ **Bunbury Golf Club**
- ★ **Dardanup Shire**

#### Other Donations

- Café Fez
- Deb/Mick Owens

If I have forgotten anyone, please contact me so that you can be acknowledged in the next newsletter.

We have been overwhelmed with all the wonderful donations given over the last two months, it definitely shows the community spirit of giving. A big THANK YOU.....!!

If you would like to know more about the Centre and what it does, or how you can help or perhaps would like to visit, please contact us at the details provided. Everyone is welcome, this is a community centre helping OUR community with community support.



Government of Western Australia  
Department of Communities



# What's Been Going On !!!

## Give A Damn Give A Can 2022

This event was held during September (School Collection), Wonderful donations and amazing effort by Rotary Members who organized/collected items, So a huge Thank You to them.



Our Pantry's are full again - special thanks Jeni for sorting over 3,000 wonderful items.

## Mental Health Week 8th - 13th

Many events were held around town to support this week, many people attended to enjoy the week of activities.

### TAKE CARE OF YOUR MENTAL HEALTH



**SMART 2ASK**  
Community Expo  
FOR PEOPLE NEEDING A LITTLE HELP

STIRLING STREET ARTS CENTRE  
24TH NOV  
10AM - 2PM

FREE HELP FROM LOCAL PROVIDERS AND SUPPLIERS. Come down for free advice and even a few pamper services.

FREE PRIZES

FREE HAIRCUTS

FREE CLOTHES

SEE OUR FACEBOOK PAGE FOR MORE INFORMATION



# Bunbury & Surrounds "2022" Christmas Appeal

Every year some people are watching everyone pass by with presents for their friends and families. Let's share the kindness with those in need, let's make their Christmas special too... let us all in the community come together and support the Xmas shoebox appeal

Unisex Boxes are preferred.



This year we would prefer boxes to be 'unisex' contents, as these are easier to give out.

Maybe even write a Christmas Card and pop it in your box.

Some suggested items:

Hat	Toothpaste/Brush	Shower gel
<u>Hair brush</u>	Wipes	Deodorant
Sunscreen	Insect Repellent	<u>Sm</u> Notepad/Pen
Something		
Christmassy – chocolate, biscuits, etc		

Boxes due by 19<sup>th</sup> December

## Back to School 2023 Appeal

School Backpacks – Help underprivileged children get back to school with the essential stationary items



Please deliver  
between the 4<sup>th</sup> –  
24<sup>th</sup> January - ONLY  
(due to storage)

**PP – Year 3**  
Backpack  
4 Scrapbooks  
Crayons  
Coloured Pencils  
2 Display Folders  
Pencil Case  
2 Glue Sticks  
Drink Bottle

**Year 4-6**  
Backpack  
2 ring files (x2)  
2 Display Folders  
1pk Plastic sleeve (20)  
2 Document Wallets  
2 A4 Notepads  
Stationary Pack \*

**Year 7 -10**  
Backpack  
1 Leaver Arch file  
2 Display Folders  
1 Pk Plastic sleeve  
2 Document Wallets  
2 A4 Notepads  
Stationary Pack \*

Stationary Pack – ruler, 2 glue sticks, coloured pencils, ~~textas~~, 2 highlighters, 2 erasers, sharpener, 1 pk mixed blue/red pens.

Please tag backpacks, girl or boy or unisex & what year!

In Town Centre



We thank you for  
your support and  
generosity.

**DROP OFF**  
Intown Centre – 9791 4214  
52 Wittenoom Street, Bunbury  
Monday – Friday  
9.30 – 11.30am (Only)

