



Intown centre

Shoestring Cafe

Newsletter – November/December 2023 – Issue 87

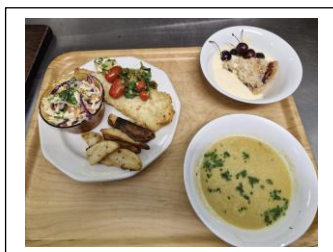
Manager's Chat – Leanne Gibbs

November

Towards this part of the year, I reckon the months just get quicker and quicker and lots more things to do, events to have and attend too, many more people to assist, sadly the centre itself is experiencing the cost of purchasing food items to make meals, but through our wonderful community we are getting some wonderful donations.

Checkout through the newsletter all the Awesome things we have been up to.

Having support services visit, to participating in events is a very important networking, not only for agencies but also for the people we support.



In Town Centre



December

Well, we did this month go and the year – Wow. Action packed month, visiting services (some with clients), final Meet & Greet Breakfast, Meet the Minister (Volunteering) Morning Tea, Farewell afternoon tea for Board Member – Treasurer, Staff Christmas Lunch, Centre Christmas Lunch, Christmas Shoebox Appeal, it was all happening in and around the Centre this month.

We have also had two months of extra donations, Food items, Christmas Shoeboxes, Christmas treats, Money Donations and we are so grateful and appreciative of all the support we get from the community. It is so important to know that all the support we receive and give stays in our own community.

Finally, I would like to thank all in the community who have donated to the Centre, your generosity warms our hearts.

As I look back at 2023, I would like to thank all my wonderful staff/volunteers, you are the heart of this centre and with you we are available to help those in need.

Looking forward to 2024 and what it might bring.
Thank you Everyone !!!!!!!

Meet & Greet Breakfast Wednesday 15.11.23

Wonderful attendance of 27 people for our final "Meet & Greet Breakfast" held at the Sanctuary Resort. Food and Service wonderful and getting updates from everyone was great.



INTOWN CENTRE MISSION STATEMENT

In Town Centre Incorporated is a day centre facility that provides meals and promotes caring relationships and positive participation for all members of the community.



From the front desk ~ (Client Support Officers)
Sandy (Monday's & Friday's) & Yvette (Tuesday's ~ Thursday's)



Both are willing to help with any request or information you



General Information:
9.30 – 10.30am &
12.30 – 1.00pm.

Food Bank Letters

(only issued between):
10.30- 11.30am

**Please remember to read
all notices placed up in the
centre.**

Unattended Desk:
11.35 – 11.55am
Lunch Service:
11.55- 12.30pm

Richmond Wellbeing Visit for Lunch 1st November

Quote - "The residents were happy with their lunch and chatted about it all the way back to the agency".



Intown Centre

52 Wittenoom Street
Bunbury WA 6230
PO Box 1666

Phone: 9791 4214

E-mail:
intowncentre@bigpond.com

World Aid's Day Event in the Centre was held on 29.11.23. Many popped in and checked it out. We thank WA Health & Peer Based Harm Reduction WA for holding this event.

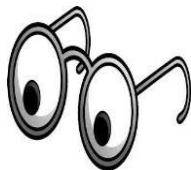


Suggestions, feedback, request, concerns:

If you have any of the above, please feel free to come and see me to have a chat, remember this is our centre- staff, volunteers, clients and visitors.

Eye Special Visits

Moses (Optometrist) from "Johnsvision" visited the centre twice to do eye checks, 10+ people were happy to be checked.



Volunteers Managers Meet the Minister -Morning Tea held at the Dolphin Centre, hosted by Don Punch on 21.11.23.



General Statistics



November

Services provided –1280
(morning tea & meals)
Hampers – 51 (ytd 459)
Foodbank Letters – 67
Assistance – 345
New Clients:
Meals – 12 (ytd- 569)
ER – 17 (ytd 300)
Trading Days – 22

December

Services provided- 897
(morning tea & meals)
Hampers – 45 (ytd 504)
Foodbank Letters – 44
Assistance – 264
New Clients:
Meals – 4 (ytd- 73)
ER – 13 (ytd 313)
Trading Days – 16



How to make a donation to the Centre

Bank: Bendigo

BSB: 633-000

A/C: 207209560

All donations are tax deductible, please email/contact when you have made a donation requesting a receipt.

Thank you for your support.

If you would like to know more about the Centre and what it does, or how you can help or perhaps would like to visit, please contact us at the details provided. Everyone is welcome, this is a community centre helping OUR community with community support.



Check us out on Facebook

Donations and Thank You's

Our special Regulars;

- ★ Bunbury Kia
- ★ Jerry, Katrina & Team
- ★ Woolworths - Forum
- ★ Trish Dehring
- ★ Coles - Australind
- ★ St John of Gods
- ★ Bunbury Farmer's Market
- ★ Wigs
- ★ HHG Legal Group
- ★ Carol Cox
- ★ Michelle Meyer
- ★ Bethanie CF
- ★ Marion Eaton
- ★ K Wallis
- ★ Anonymous donors
- ★ The Lord Forrest
- ★ Foodbank
- ★ Fredricks Cafe

Newsletter Special Donors;

- ✓ Anon - free meals
- ✓ Dayna Amanda Garnie
- ✓ Lions Club of Capel
- ✓ Kajal Variya
- ✓ St Mary's PS
- ✓ Foodbank
- ✓ Simon Goddard
- ✓ Jennifer Iseppi
- ✓ Yvette Iseppi
- ✓ Church of Christ
- ✓ Coffin Dodgers
- ✓ Sanctuary Golf Ladies
- ✓ WA Country Health - By
- ✓ Simon Goddard
- ✓ Micheal
- ✓ Xmas Community Lunch
- ✓ Brayden Dewar
- ✓ Lions Club of Boyanup
- ✓ McKeady & McCallum
- ✓ Anglicarewa
- ✓ Advocacywa
- ✓ Alan Tournay
- ✓ Daren Wilson
- ✓ Nortier
- ✓ Fitt
- ✓ Maughan & Marshall
- ✓ Land & Water Department
- ✓ Church of Christ - Sth Bunbury



If I have forgotten anyone, please contact me so that you can be acknowledged in the next newsletter.

We have been overwhelmed with all the wonderful donations given over the last two months, it definitely shows the community spirit of giving. A big THANK YOU.....!!!!

Board of Management

A special afternoon event was held on Friday 17th November to Thank Neville Eastman for over 18 years involvement in the Centre - most of these as the Board's Treasurer.



Government of Western Australia
Department of Communities



CHOOSE RESPECT

What's Been Going On !!!

Volunteers Christmas Lunch – 2.12.23

Staff Christmas lunch, lovely venue (Highway Hotel), yummy food @ great people. A big thanks to all our awesome volunteers who do so much.



At the Intown centre we are proud of the peace and harmony that we offer our clients and visitors. It is one of our foundations that we treat everyone the same offering a warm friendly environment to visit and helpful and friendly staff who do their utmost to help those in need.

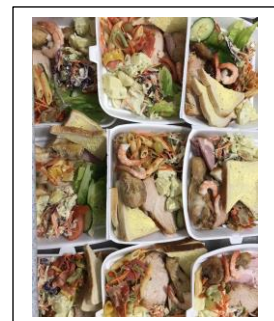
We stand, as an example of what community spirit is all about we do the best we can for those who need our help, in return we ask that people observe good manners and contribute to the harmony of the centre.

We take donations of.....



Centre Christmas Lunch – 23.12.23

Another wonderful lunch provided to the clients, 75 people attended to enjoy yummy food, good company and a gift also. Thanks to: Preparation Work –Jeni. On the day: Sandy, Sharon S, Sandra, Cheryl, Carol, Jeni, Natalie, Mick, AJ, special thanks to Peter who already does so much for the centre but went beyond behind the scene to assist for the day. Finally an extra super Thank you to Mr Simpson who donated/catered all the food for this wonderful lunch.



WE LOVE
OUR VOLUNTEERS

Bunbury & Surrounds "2023" Christmas Appeal

Every year some people are watching everyone pass by with presents for their friends and families. Let's share the kindness with those in need, let's make their Christmas special too... let us all in the community come together and support the Xmas shoebox appeal

Unisex Boxes are preferred.



This year we would prefer boxes to be 'unisex' contents, as these are easier to give out.

Maybe even write a Christmas Card and pop it in your box.

Some suggested items:

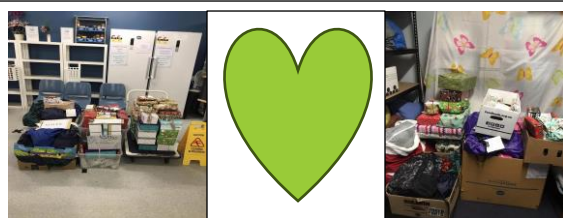
Hat	Toothpaste/Brush	Shower gel
<u>Hair brush</u>	Wipes	Deodorant
Sunscreen	Insect Repellent	<u>Sml</u> Notepad/Pen

Something
Christmassy – chocolate, biscuits, etc

Boxes due by 19th December



We would like to thank everyone that donated.



Smart2Ask Expo 23.11.23

A big shout out the Jan and her team of volunteers for again having a wonderful successful event. The expo allows people to come and see what support is available, also for the agencies to come together.



STREETSMART
ACTION AGAINST HOMELESSNESS



Gave us a wonderful monetary donation at the end of November.

THANK YOU !!!

We received a wonderful lovely donation from the Leschenault Progress Association.



KINDNESS MATTERS
PAY IT FORWARD