



Intown centre

Shoestring Cafe

Newsletter – MARCH/APRIL 2026 – Issue 101

Manager's Chat – Leanne Gibbs

March

Hello Autumn, we happily started the month with a lovely public holiday, hope everyone enjoyed it. We get limited funding from the Government (this is for wages) and rely on the support/donations from the community to operate the centre and even though we get amazing donations of items (food, clothing, blankets) we still need monetary donations to pay our operation costs (gas, water, electricity etc). Monetary donations are tax deductible.

I would also like to thank those businesses, groups, individuals that have donated items/money already to the Centre.

Check out the Statistics information to see how many meals, hampers etc we have done in the last two months.



In Town Centre



April

Hope everyone had a safe, happy easter!

We are still having some lovely days, but as we move closer to winter, we become more aware of those that are doing it tough. From 1st May we will be accepting blankets/sleeping bags (New or good quality second hand), so if you have anything you would like to donate, please drop in to the centre.

We have had a great response to our appeal for soup jars, food items – the community show much support to the Centre and we thank everyone.

We have a few events coming up, Flu Clinic – Free (May), Blanket Appeal (June), Volunteer Week (18-24th May) – so if you get a chance – thank a volunteer.

We finished off the month with ANZAC Day (weekend) with a public holiday. It is a very somber time to remember those people.

The Centre will have a new addition joining the team in June, date to be confirmed.

I would like to also give a big 'thank you' to all the other support services in the Bunbury Region and beyond, doing amazing work.

INTOWN CENTRE MISSION STATEMENT

In Town Centre Incorporated is a day centre facility that provides meals and promotes caring relationships and positive participation for all members of the community.

Intown Centre

52 Wittenoom Street
Bunbury WA 6230
PO Box 1666

Phone: 9791 4214

E-mail:

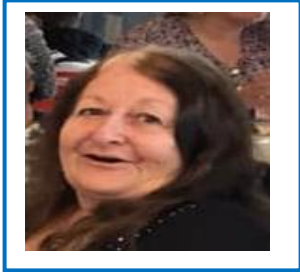
intowncentre@bigpond.com

Suggestions, feedback, request, concerns:

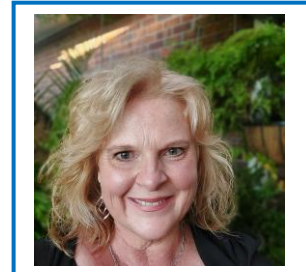
If you have any of the above, please feel free to come and see me to have a chat, remember this is our centre- staff, volunteers, clients and visitors.



From the front desk – (Client Support Officers)
 Sandy (Monday's & Friday's) & Yvette (Tuesday's – Thursday's)



Both are willing to help with any request or information you



General Information:
 9.30 – 10.30am &
 12.30 – 1.00pm.

Food Bank Letters

(only issued between):
 10.30- 11.30am

Please remember to read all notices placed up in the centre.

Unattended Desk:
 11.35 – 11.55am
 Lunch Service:
 11.55- 12.30pm





The centre is here to support anyone with information, food, meals and social inclusion. We are very happy to assist where we can.



At the Intown centre we are proud of the peace and harmony that we offer our clients and visitors. It is one of our foundations that we treat everyone the same offering a warm friendly environment to visit and helpful and friendly staff who do their utmost to help those in need.


We stand, as an example of what community spirit is all about, we do the best we can for those who need our help, in return we ask that people observe good manners and contribute to the harmony of the centre.




Board of Management

Chairperson – Niomi Hurley
 Vice Chairperson – Emma MacLennan
 Secretary – Chelsea Collins
 Treasurer – Coby Thomas
 Members –
 Ann Dunstall Mick Owens
 Tracey Wheat Denise Hough
 Cheryl O'Shannessy

General Statistics





March

Services provided –1393 (morning tea & meals)
 Hampers – 34 (ytd 103)
 Foodbank Letters – 33
 Assistance – 231
 New Clients:
 Meals – 104(ytd- 39)
 ER – 8 (ytd 30)
 Trading Days – 21

April

Services provided- 1187 (morning tea & meals)
 Hampers – 47 (ytd 160)
 Foodbank Letters – 32
 Assistance – 263
 New Clients:
 Meals – 8 (ytd-47)
 ER – 16 (ytd - 46)
 Trading Days – 19

THANK YOU

How to make a donation to the Centre

Bank: Bendigo
 BSB: 633-000
 A/C: 207209560
 All donations are tax deductible, please email/contact when you have made a donation requesting a receipt.
 Thank you for your support.

If you would like to know more about the Centre and what it does, or how you can help or perhaps would like to visit, please contact us at the details provided.
 Everyone is welcome, this is a community centre helping OUR community with community support.



Donations & Thank You's

- Our special Regulars.
- ★ Jerry, Katrina & Team
 - ★ Woolworths - Forum
 - ★ Vivienne Marshall
 - ★ Coles - Australind
 - ★ St John of Gods
 - ★ Bunbury Farmer's Market
 - ★ Wigs
 - ★ HHG Legal Group
 - ★ The Lighthouse Mantra
 - ★ Bethanie CF
 - ★ Marion Eaton
 - ★ K Wallis
 - ★ Nando's
 - ★ Spudshed
 - ★ The Lord Forrest
 - ★ Fredricks Café
 - ★ Kajal Variya
 - ★ Simon Goddard
 - ★ Lions Club of Dardanup
 - ★ W & L Shirley
 - ★ Spudshed
 - ★ Dalyellup Pharmacy
 - ★ MaxFe 14

Newsletter Special Donors.

- ✓ Amelia Yazdani
- ✓ RCR
- ✓ Southern Ports
- ✓ Foodbank
- ✓ Commercial Club
- ✓ Woolworth - Forum
- ✓ AJ - Free Meals
- ✓ Early Learning Centre - Eaton

"Pop up Agency"

Other agency that visits the centre to showcase how they can help/assist people. If you are interested, please contact the manager.



We take donations of.....



We have been overwhelmed with all the wonderful donations given over the last two months; it shows the community spirit of giving. A big THANK YOU.....!!!!

BE KIND
IT'S FREE

BE
THE
REASON
SOMEONE
SMILES
TODAY

COMMUNITY
PARTNERSHIPS

What's Been Going On !!!

before you speak... **Listen**
before you write → **think**
before you spend... **earn**
before you invest → **investigate**
before you criticize... **wait**
before you **Pray** → **forgive**
before you Quit... **try**
before you retire → **save**
before you die... **give**

William Arthur Ward

Re – set
Re – adjust
Re – start
Re – focus
Re – repeat
As many times as you
need to



KEEP TRYING

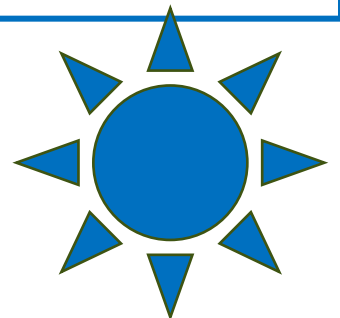
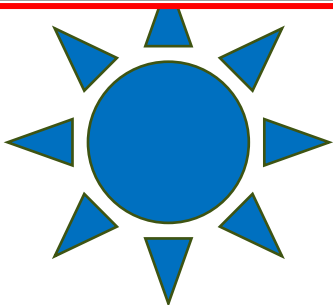
**SHORT BACK™
& SIDEWALKS**



Amazing service and the clients are very thankful.
Our Next Hair Days are:
25.5.26 & 29.6.26

Eye Special Visits

Moses (Optometrist) from "Johnsvision"
is back, please check with
client support officers when Moses
is available again.
Next Full Visit: 17.6.26



Advocating



Agencies

& supporting groups



Donations from Southern Ports via Foodbank – Bunbury on 11.3.26.
Very appreciated.

Good start Early Learning Centre – Eaton, held an easter raffle with proceeds coming to the centre, we thank them for the wonderful support.

Easter RAFFLE

Goodstart Early Learning Eaton
2026 Easter raffle
All proceeds go towards
Intown Centre "Shoe String cafe"

The Intown Centre (trading as the Shoe String Café) is engaged in issues that commonly affect our community such as homelessness, unemployment and social isolation. They provide a meal service for people of all ages and gender who face difficulties with loneliness, poverty, homelessness, poor housing and mental health issues.

Scan the QR code below to see the amazing work this not for profit organisation does for the community.

Show your support today and buy a ticket in our raffle.
1- \$2
3- \$5



Connecting people to community

(08) 9791 3214

Many vital community services rely extensively on the tireless efforts of volunteers. Volunteers come from all sections of the community – a willingness to help is not dependent on race, gender, religion or personal interests. The range of services available in our community would be less without the tireless dedication of volunteers.

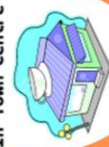
Government of Western Australia
WA Country Health Service



Free Flu Clinics

Nurses from the SW Public Health Unit are coming to you in May to offer free flu vaccination to your staff and clients

In Town Centre



In Town Lunch Centre



Tuesdays
5th and 12th May



Time
9:30 - 11:30 am

Doors Wide Open



Thursdays
7th and 14th May



Time
9:30 - 11:30 am

See you there!

Any Q? Call Amanda Whittle 0439 085 645

Easter 2026



Anzac Day is the solemn day of remembrance of those Australian and New Zealand Army Corps soldiers who have fought and died for their country, we shall remember them.

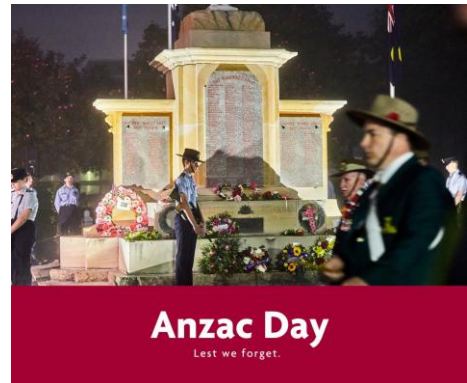


Photo courtesy City of Bunbury

SOUTH WEST RIDERS SOCIAL CLUB

12 TH ANNUAL RIDE

BLANKET RIDE



SUNDAY- 7TH JUNE 2026



Non-Riders & General community people are welcome to come along and donate also and check out the bikes.

Sleeping Bags are also needed.



Providing blankets and non-perishables to the Intown Centre Bunbury. Departing - Collie visitor centre 10am & Australind BP 11am. All Welcome - Ride at own Risk - Rain Hail or Shine

Contact Details for more information.

Facebook: South West Riders Social Club

Intown Centre: 9791 4214